

Wellness Policy Implementation

Q1 What is the name of your school?

Answered: 39 Skipped: 0

#	Responses	Date
1	Stanford MS	6/16/2014 4:09 PM
2	Lincoln	6/16/2014 12:40 PM
3	IES	6/16/2014 12:14 PM
4	Bixby Elementary School	6/16/2014 10:55 AM
5	MacArthur	6/16/2014 9:03 AM
6	Lakewood High School	6/10/2014 10:54 AM
7	Powell	6/7/2014 8:36 AM
8	Muir	6/6/2014 11:08 AM
9	Renaissance	6/4/2014 2:08 PM
10	Los Cerritos	6/4/2014 2:07 PM
11	CAMS	6/4/2014 12:00 PM
12	Signal Hill	6/4/2014 9:39 AM
13	Robinson	6/4/2014 9:26 AM
14	Washington Middle School	6/4/2014 9:21 AM
15	Bancroft	6/4/2014 8:33 AM
16	Alvarado Elementary School	6/4/2014 8:30 AM
17	McBride High School	6/4/2014 8:12 AM
18	Hudson	5/28/2014 1:09 PM
19	Hamilton	5/28/2014 1:07 PM
20	Addams	5/25/2014 8:22 AM
21	Cleveland Elementary	5/22/2014 1:27 PM
22	Prisk	5/21/2014 10:56 PM
23	Lowell Elementary	5/21/2014 3:42 PM
24	Whittier Elementary School	5/21/2014 10:48 AM
25	Willard Elementary School	5/20/2014 1:46 PM
26	Beach High School	5/20/2014 12:14 PM
27	Minnie Gant Elementary School	5/20/2014 11:52 AM
28	Madison	5/20/2014 11:23 AM
29	WILSON	5/20/2014 11:13 AM
30	Twain	5/20/2014 11:03 AM
31	Emerson Parkside Academy	5/20/2014 10:55 AM
32	Chavez	5/20/2014 10:09 AM
33	Longfellow Elementary School	5/20/2014 8:37 AM
34	Franklin Middle School	5/20/2014 8:26 AM

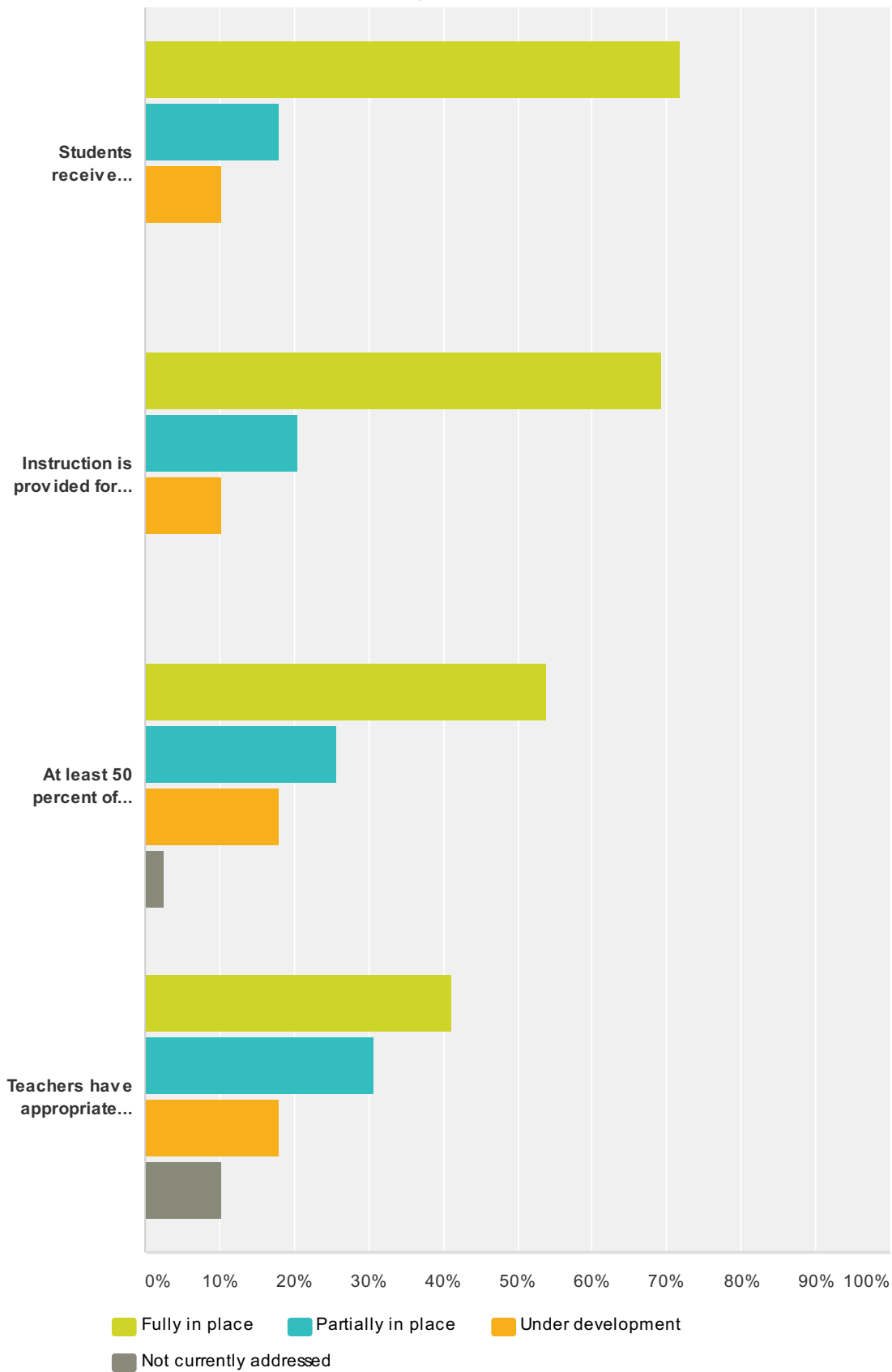
Wellness Policy Implementation

35	Rogers Middle School	5/20/2014 8:14 AM
36	Long Beach Polytechnic High School	5/20/2014 7:39 AM
37	Carver	5/20/2014 7:33 AM
38	Tincher	5/20/2014 7:30 AM
39	Jordan	5/20/2014 7:15 AM

Q2 Physical education consistent with the Physical Education Content Standards, state and federal legislation, and LBUSD Physical Education Board Policy #6142.7: (Physical education is a planned sequential program of curricula and instruction that helps students develop the knowledge, skills, and confidence necessary for an active lifestyle.)

Answered: 39 Skipped: 0

Wellness Policy Implementation



	Fully in place	Partially in place	Under development	Not currently addressed	Total
Students receive physical education in all elementary classrooms and in all required middle and high school Physical Education courses.	71.79% 28	17.95% 7	10.26% 4	0.00% 0	39

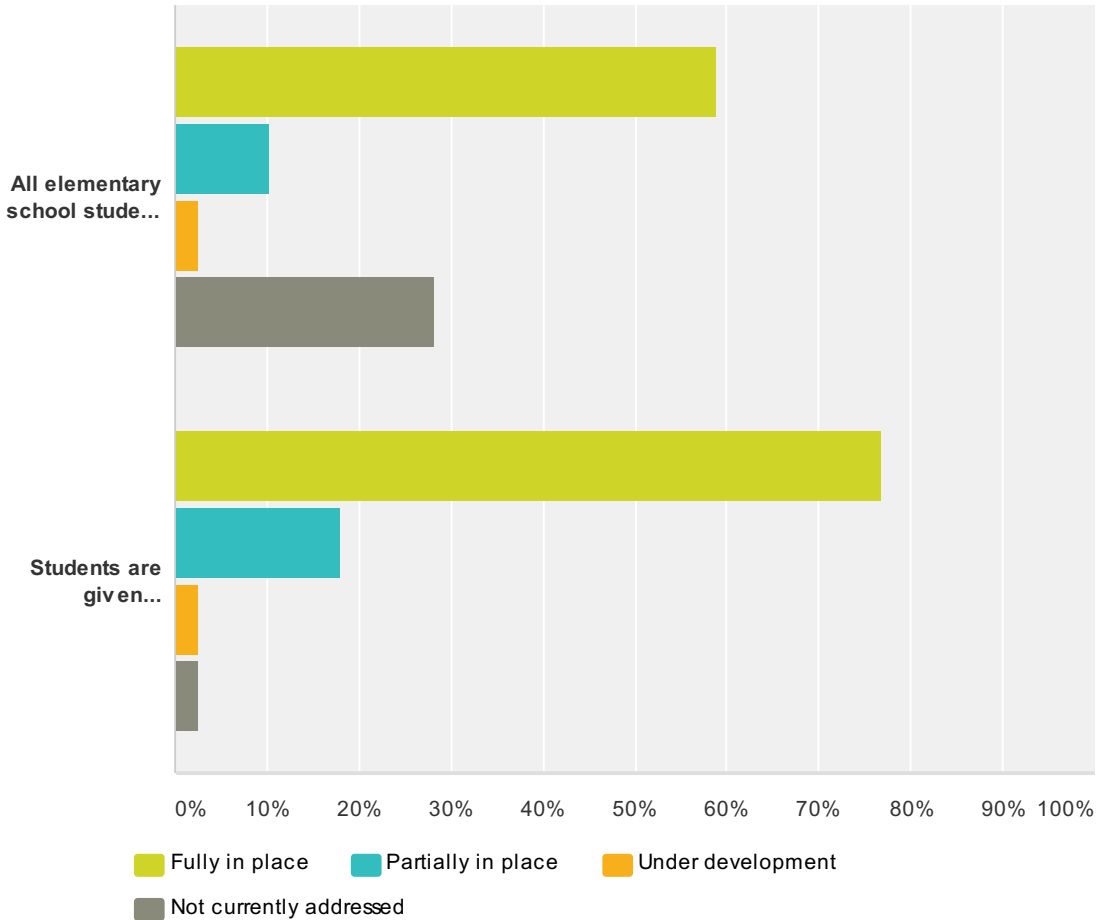
Wellness Policy Implementation

Instruction is provided for a minimum of 200 minutes every 10 school days for students in grades 1-6 or a minimum of 400 minutes every 10 school days for students in grades 7-12	69.23% 27	20.51% 8	10.26% 4	0.00% 0	39
At least 50 percent of instructional time is spent in moderate-to-vigorous physical activity.	53.85% 21	25.64% 10	17.95% 7	2.56% 1	39
Teachers have appropriate training to enable them to promote enjoyable, lifelong physical activity among students.	41.03% 16	30.77% 12	17.95% 7	10.26% 4	39

#	Comments	Date
1	When a PE teacher was assigned to the site, fourth and fifth grade teachers observed that individual instructiing students in real health and fitness activities. Teachers learned effective practices for drills and skills about various PE activities. Teachers also learned practices to help students prepare for the physical fitness test. They also learned that kickball is not truly an activity that engages all students in physical activity.	6/16/2014 12:40 PM
2	Most of what I see are games such as kickball, tennis baseball, some basketball, and volleyball.	6/16/2014 9:03 AM
3	Not enough equipment on site	6/4/2014 8:30 AM
4	I have not seen much/any PD offered through District for PE.	5/28/2014 1:07 PM
5	PE is on every teacher's daily schedule and I see evidence of classes on the blacktop. Teachers are saturated with professional development (Common Core English and Math, Write from the Beginning, lesson planning and delivery redesign, Jiji math and technology navigation lessons as well the SBAC.	5/25/2014 8:22 AM
6	Goes above and beyond. Rigorous, physically, and informational. I have learned a lot just in my attempt to assist students, who take their work in P.E. Very seriously. They are really thinking about thier "whole child wellness" and what that looks like moving through life, including the work place as they advance.	5/20/2014 12:14 PM
7	Students in grades 1 to 3 have 160 minutes of structured PE time with a PE specialist. Students in grades 4 and 5 receive 200 minutes with PE specialist.	5/20/2014 10:55 AM
8	The staff is committed to the 100 minutes a week of PE and follow the school's PE schedule. However, more teacher training would help enhance the PE program to ensure all components are covered.	5/20/2014 8:37 AM
9	I cannot speak for what happens at the elementary level. All of my responses were only to address what I see at my middle school. I don't think that elementary students get very much organized content specific physical activity.., but that is just a perception. In my experience working at different elementary schools it was up to the teachers to provide PE and most did not.	5/20/2014 8:26 AM
10	I am not quite sure what is happening in elementary school. My wife was a physical education specialist in LBUSD for elementary schools prior to moving into high school counseling. Her schools were meeting the instructional minutes and practices.	5/20/2014 7:39 AM

Q3 Physical activity programs: structured activity (games, sports, etc.), unstructured activity (walking programs, dance, etc.), or opportunities to participate in physical activity in the daily routine (walk-to-school programs, free play at recess, etc.).

Answered: 39 Skipped: 0



	Fully in place	Partially in place	Under development	Not currently addressed	Total
All elementary school students have at least 20 minutes a day of supervised recess, preferably outdoors, and are encouraged to engage in moderate-to-vigorous physical activity. This activity is beyond the required Physical Education minutes of instruction during the school day. (Middle/High Schools: Mark "Not Currently Addressed.")	58.97% 23	10.26% 4	2.56% 1	28.21% 11	39
Students are given opportunities for moderate to vigorous physical activity beyond the required Physical Education minutes of instruction through a range of before-, during- and after-school programs, school athletic programs, extracurricular programs, in-class physical activity breaks, and other structured and unstructured activities.	76.92% 30	17.95% 7	2.56% 1	2.56% 1	39

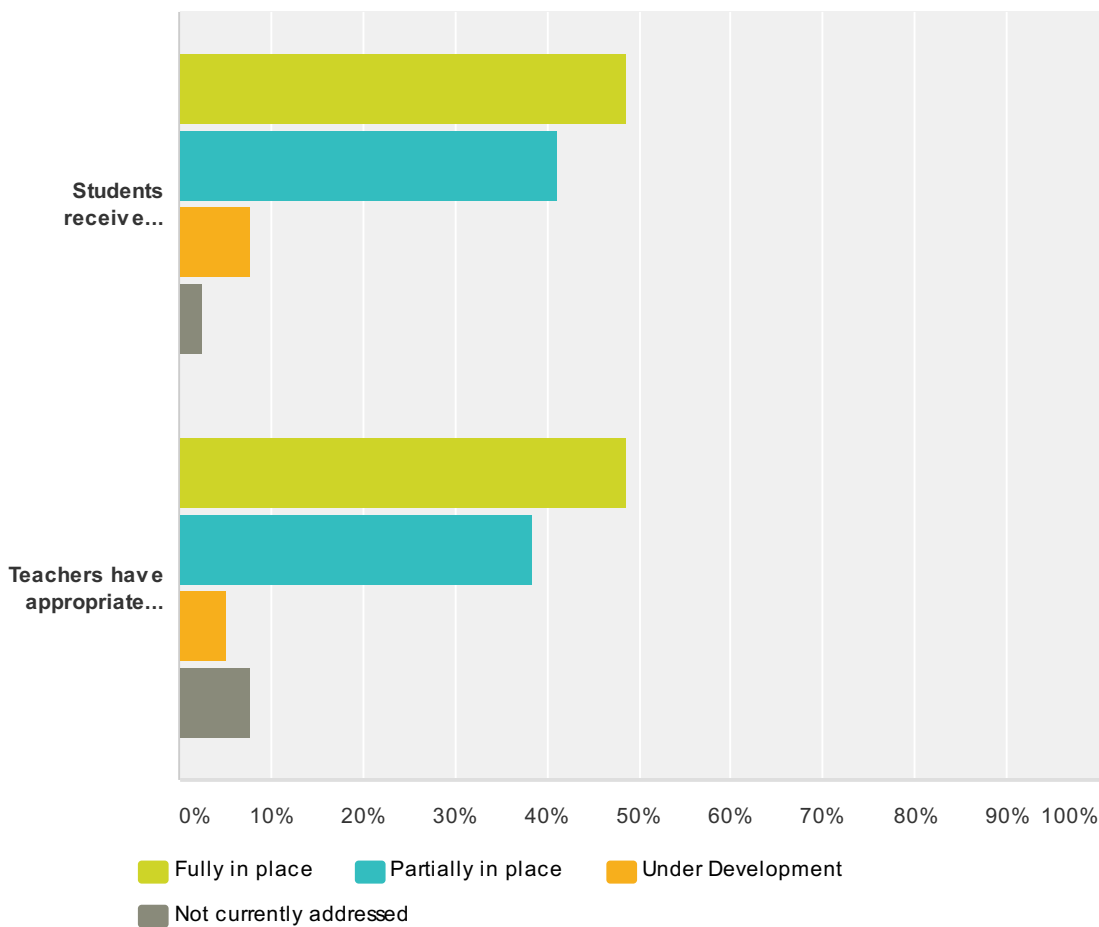
#	Comments	Date
---	----------	------

Wellness Policy Implementation

1	<p>Students are provided opportunities for physical activity before and during school periods. Many classroom teachers will do a physical break in class as a part of transition to a new subject. Our in school activities could be greatly enhanced if we were able to hire more recreation staff to create activity stations during recess and lunch periods for students. There are not enough adults on supervision to do this and watch the children. There is not additional money at this time to provide after school activities. I must mention that we do offer a Running Club two days a week for thirty minutes after school. Approximately 20-30 students are involved and various staff coordinate this and participate in running. A teacher also offers health and fitness classes to a group of about 10 fourth and fifth grade girls three days a week for one hour each of those days.</p>	6/16/2014 12:40 PM
2	<p>Again.., I have no idea what the elementary schools are doing. It seems like the survey written differently.., the elem folks should get there own survey.</p>	5/20/2014 8:26 AM

Q4 Nutrition Education consistent with the Health Education Content Standards, current legislation (Education Codes 51210 and 51890), and LBUSD Comprehensive Health Education Board Policy #6142.8, as one of the six units of Health Education instruction:

Answered: 39 Skipped: 0



	Fully in place	Partially in place	Under Development	Not currently addressed	Total
Students receive nutrition education in all elementary classrooms and in all middle and high school Health Education and Physical Education classes (may be integrated in other curricular areas, as appropriate).	48.72% 19	41.03% 16	7.69% 3	2.56% 1	39
Teachers have appropriate training to enable them to provide nutrition education.	48.72% 19	38.46% 15	5.13% 2	7.69% 3	39

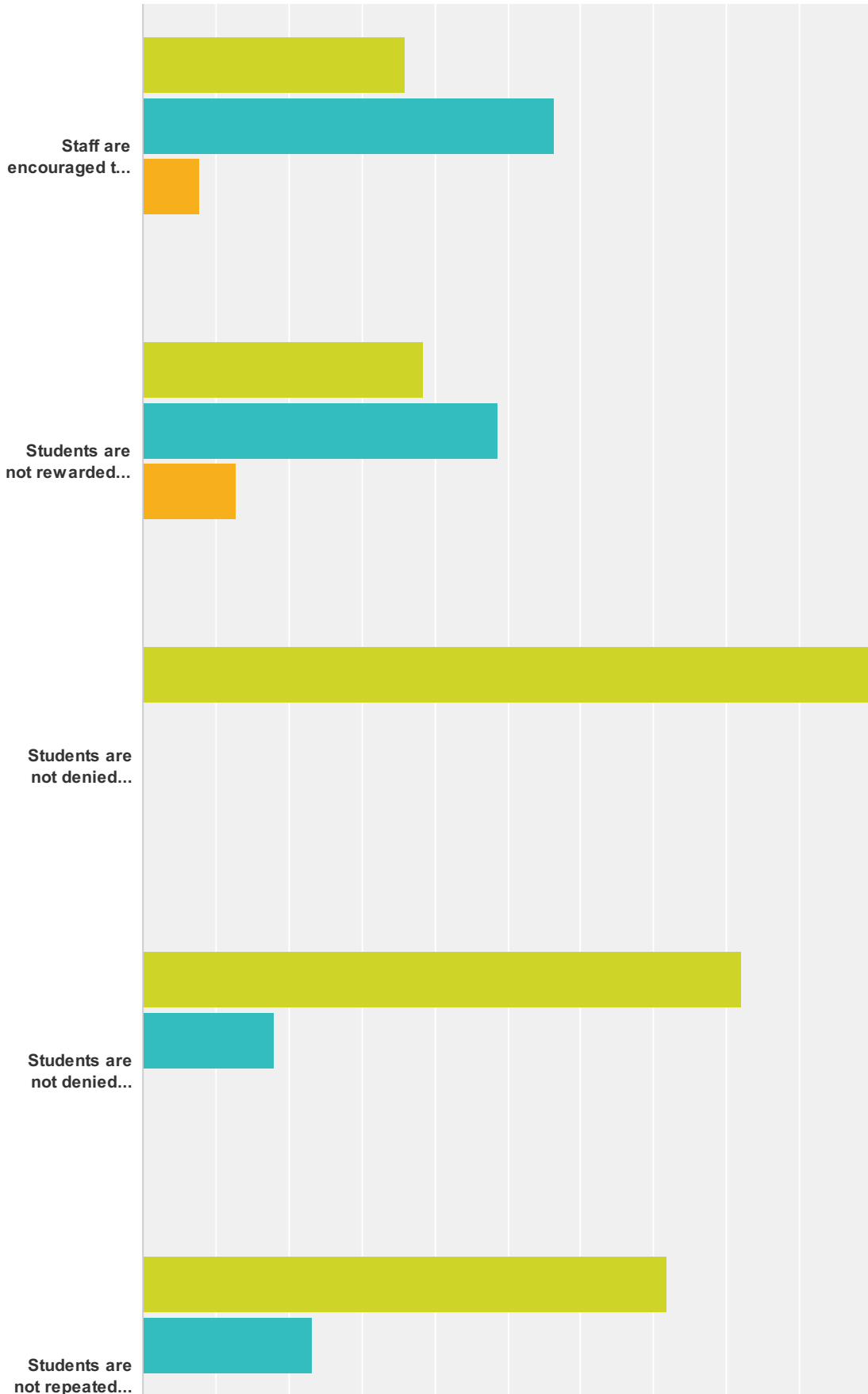
#	Comments	Date
1	A teacher on site disseminates information to teachers about Nutrition Education. Some teachers incorporate the lessons in the classroom. Teachers use their Health text for literacy lessons.	6/16/2014 12:40 PM
2	Powell teachers love the Harvest units.	6/7/2014 8:36 AM

Wellness Policy Implementation

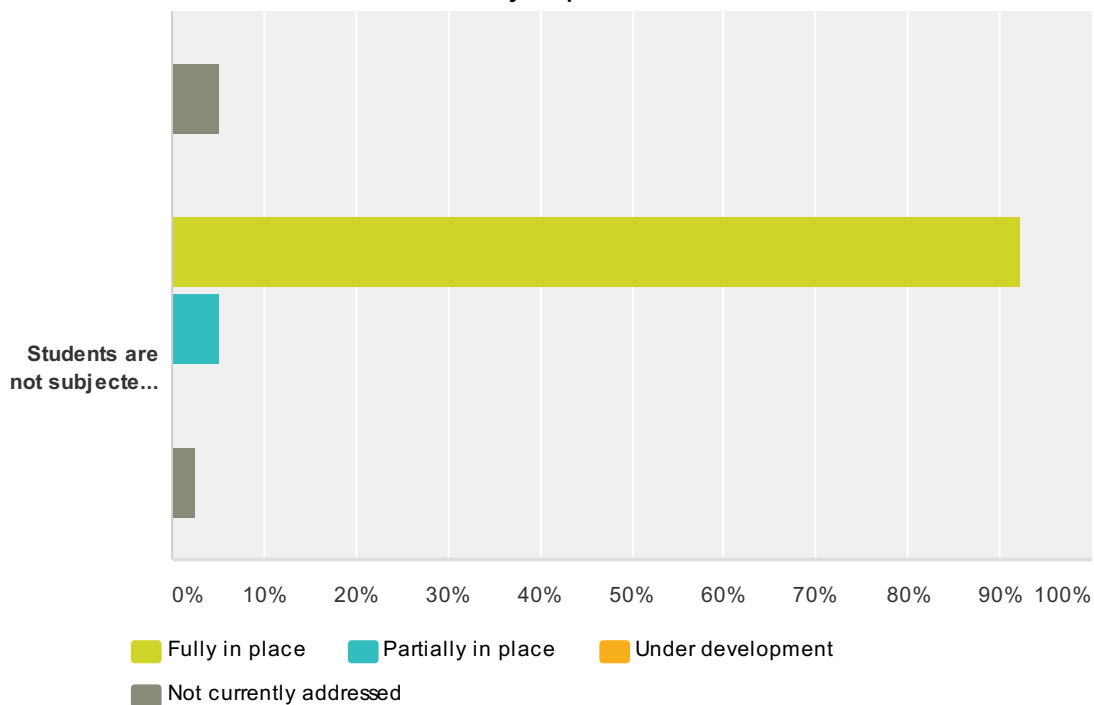
3	Again, not much current PD for health teachers.	5/28/2014 1:07 PM
4	Greater emphasis is currently on common core implementation in reading and math. Although this incorporates Health and nutrition, this tends not to be the focus.	5/20/2014 11:52 AM
5	Our students receive nutrition counseling through our PE program, even though we are an elementary school.	5/20/2014 10:55 AM
6	Same comment., I only speak for middle school.	5/20/2014 8:26 AM

Q5 Food or Physical Activity as reward or punishment:

Answered: 39 Skipped: 0



Wellness Policy Implementation

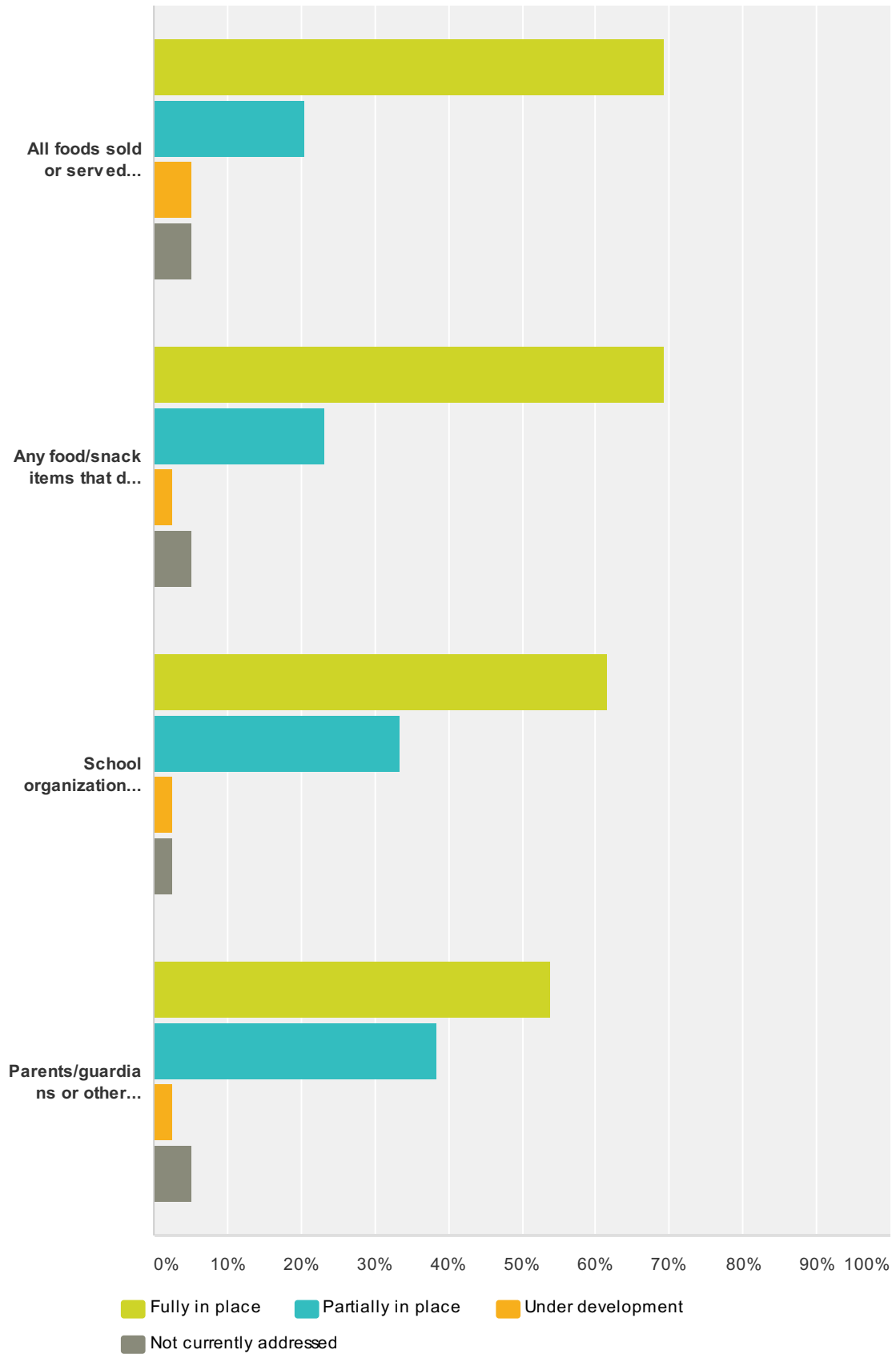


	Fully in place	Partially in place	Under development	Not currently addressed	Total
Staff are encouraged to avoid the use of foods as a reward.	35.90% 14	56.41% 22	7.69% 3	0.00% 0	39
Students are not rewarded for academic performance, accomplishments, or classroom behavior with non-nutritious foods, consistent with current state and federal legislation.	38.46% 15	48.72% 19	12.82% 5	0.00% 0	39
Students are not denied access to school meals, or adequate time to eat, as punishment, consistent with current state and federal legislation.	100.00% 39	0.00% 0	0.00% 0	0.00% 0	39
Students are not denied participation in Physical Education as a form of discipline or for classroom make-up time.	82.05% 32	17.95% 7	0.00% 0	0.00% 0	39
Students are not repeatedly or excessively denied recess as a form of discipline or for classroom make-up time, consistent with LBUSD Discipline Board Policy and Administrative Regulations #5144.	71.79% 28	23.08% 9	0.00% 0	5.13% 2	39
Students are not subjected to vigorous physical activity as a form of discipline.	92.31% 36	5.13% 2	0.00% 0	2.56% 1	39

#	Comments	Date
1	As a high school, we do not have recess.	5/20/2014 12:14 PM
2	Students may remain indoors at recess time to complete assignments. Some parents request this as well.	5/20/2014 11:52 AM
3	Teachers may work with students briefly during PE time to clarify a concept. (First 5 mins.)	5/20/2014 10:55 AM
4	Some teachers still give out sweet treats despite being asked not to do so...	5/20/2014 8:26 AM

Q6 Foods sold/served outside the school meal program:

Answered: 39 Skipped: 0



Wellness Policy Implementation

	Fully in place	Partially in place	Under development	Not currently addressed	Total
All foods sold or served through student stores, vending machines, or other venues meet or exceed current state and federal nutritional standards. (See the ABCs of Nutrition, provided by Nutrition Services. New regulations to be enacted July 1, 2014.)	69.23% 27	20.51% 8	5.13% 2	5.13% 2	39
Any food/snack items that do not meet the current nutrition standards are only being sold by pupils, off and away from school campus, or on school grounds, if sales occur 30 minutes after the end of school day (last bell).	69.23% 27	23.08% 9	2.56% 1	5.13% 2	39
School organizations (PTA/PTOs, clubs, etc.) are encouraged to use healthy food items or non-food items for fundraising purposes.	61.54% 24	33.33% 13	2.56% 1	2.56% 1	39
Parents/guardians or other volunteers are encouraged to support the district's nutrition education program by considering nutritional quality when selecting any snacks which they may donate for occasional class celebrations.	53.85% 21	38.46% 15	2.56% 1	5.13% 2	39

#	Comments	Date
1	We encourage parents to send healthy treats, however they tend to bring the traditional treats.	5/20/2014 11:52 AM
2	There are no food items sold during the school day.	5/20/2014 10:09 AM
3	Food is not sold to students during or after the school day. More information regarding this topic needs to be put forth to all staff members.	5/20/2014 8:37 AM